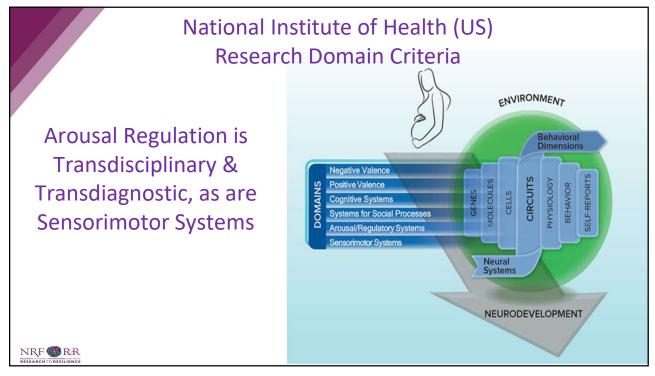


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Connie Lillas, RN, MFT, PhD infantmentalhealth1954@gmail.com www.NRFcare.org

Arousal Regulation is Transdisciplinary and Transdiagnostic



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3

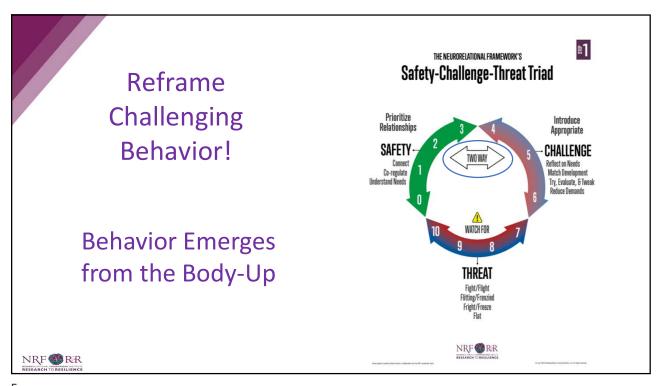
States of Arousal Have Distributed Properties

While connected to the Autonomic Nervous System, states of arousal hold distributed properties as they occur across brain networks in terms of:

- 1) The degree of alertness to sensory stimulation,
- 2) The degree of emotional reactivity, and
- 3) The degree of motor activity.

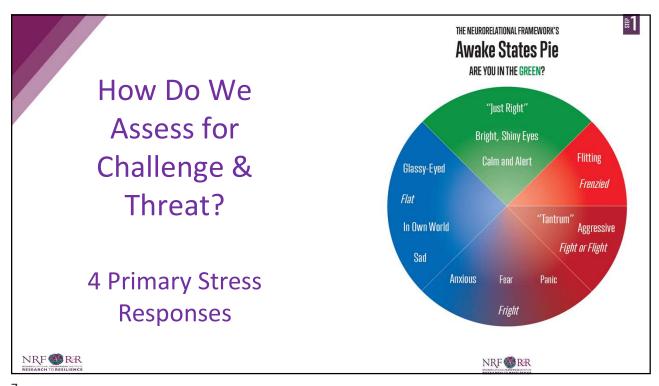
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Pfaff. 2006, Brain Arousal and Information Theory: Neural and Genetic Mechanisms. Cambridge, MA: Harvard University Press, (pg 5).

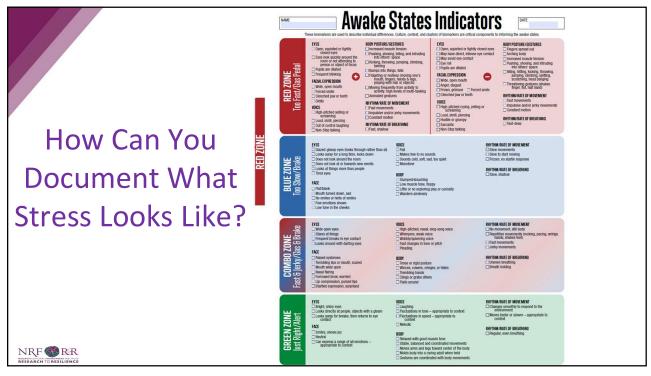


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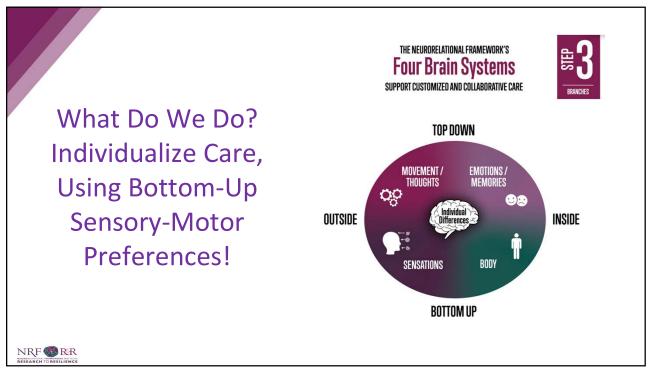


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